

ANH2019 – Global Tools for Dietary Data Dissemination Learning Lab

Hands-on session

FAO/WHO GIFT | Global Individual Food consumption data Tool

Computing ready-to-use indicators in FAO/WHO GIFT – 35 minutes

Go to the “Data and Indicators” session of the FAO/WHO GIFT platform.

1. **Food consumption indicators:** You are an Officer from the Ministry of Agriculture of Lao PDR and you would like to identify potential foods for fortification.
 - 1.1. For that, you need to know which foods are nationally consumed in higher quantities. Which are the top three foods consumed in Lao PDR? What is the level of consumption of the highest consumed food?
 - 1.2. How do you think this indicator could be used if you would like to promote a biofortified variety of rice in Lao PDR?
2. **Food safety indicator:** You are a Food Safety Officer in Lao PDR and you receive an alert that soya drinks might have an unexpected high level of aflatoxins. You need to perform a dietary exposure exercise in order to assess the risk related to this contamination for children
 - 2.1. What is the percentage of children (3-5 years) in Lao PDR that consumed soya drink in the days of the survey?
 - 2.2. How much soya drink are children (3-5 years) consuming in Lao PDR, in particular for the 5% of the days where the consumption of soya drink is higher?
3. **Nutrition indicator:** source of nutrients in the diet: The Ministry of Health wants to increase vitamin A intake through local foods in one area of the country
 - 3.1. Which are the food sources that contribute most to the average vitamin A intake in Lao PDR?
 - 3.2. You are writing a proposal for funding a programme to tackle micronutrient deficiencies in Lao PDR. How do you think that the FAO/WHO GIFT platform can provide evidence-based information for your proposal?

Downloading the dietary microdata shared through FAO/WHO GIFT – 10 minutes

1. You are a nutrition expert that would like to do other further analysis to those shown in the indicators section. You are interested in particular on data from rural areas. Use the Advanced Search filter to identify which microdata includes information from rural areas.
2. Proceed to the download of one of the microdata datasets.

Searching for information on existing individual quantitative food consumption surveys in FAO/WHO GIFT – 15 minutes

If you are interested to have more information on individual quantitative food consumptions surveys from different countries, go to the “Inventory of existing surveys” session of the FAO/WHO GIFT platform.

1. You are a nutrition officer in Nigeria. You are searching for information on the number of surveys in your country that collected information on food consumption at the individual level.
 - 1.1. Check which information you could retrieve from the FAO/WHO GIFT platform.

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- 1.2. Let us say that you are particularly interested in the food consumption information for children. Check if any of the surveys previously performed in Nigeria collected information on children's dietary intake.

2. You are programme officer and you are supporting the planning of a regional project in Asia on healthy diets. You are interested in knowing which surveys collected information at National level in Asia.
 - 2.1. Use the inventory map to identify them.
 - 2.2. Now that you have identified the surveys of interest, you need to know which surveys used a photo food book to aid the quantification of amounts consumed. Use the metadata information to retrieve this information.