Introduction

• Previous study revealed that participatory farm diversification and nutrition education lead to increased dietary diversity

• Objective: Determine pathways that led to increased dietary diversity

Methods

• Focus Group Discussions and Key Informant Interviews

http://www.anh-academy/ANH2020
Results

• Conventional pathways apply: food production, income, women’s empowerment.

• Details regarding women’s empowerment pathways:
  • Women have control over their income
  • Women engage more in self-care
  • Women receive agricultural support from husbands

• Aftereffects: empowerment, community cohesion, increased harmony in households.
Thank you

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