

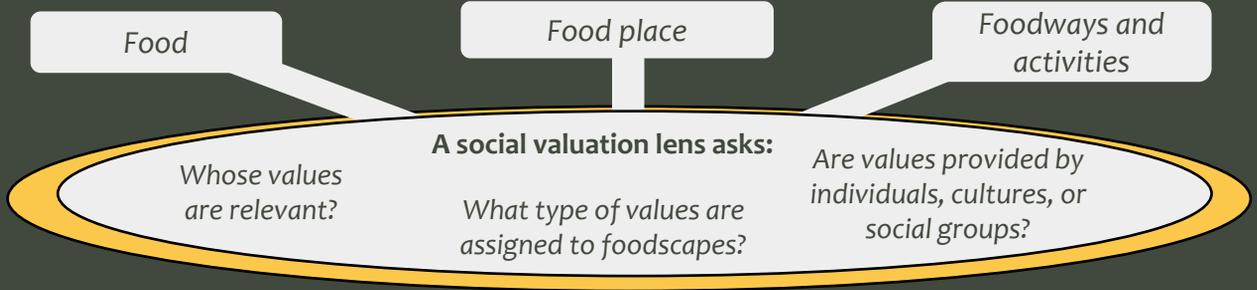
# Exploring the foodscapes framework: Conceptualising social well-being & agency in place

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Background	Contributions	Recommendations
<p><i>The relationship that people have with food are multiple and diverse globally</i></p> <p>An inclusive framework is needed to understand that importance of food, food places, and foodways beyond its nutritional value.</p> <p>We synthesise existing literature across multiple disciplines. We introduce an integrative framework capturing the plurality of values</p>	<p><b>3 significant contributions of the foodscapes concept</b></p> <ol style="list-style-type: none"> <li>Greater focus on the <b>social and cultural</b> dimensions of food, as well as the actors and processes in these diverse contexts</li> <li>Conceptualises how individual and social <b>agency</b> manifests in relation to well-being</li> <li>Socio-cultural and psychological dimensions are <b>constituents</b> of well-being, alongside food security and health</li> </ol>	<ol style="list-style-type: none"> <li>Tailor research and policies that are place based and integrative of diverse values. This ensures greater legitimacy that <b>doesn't undermine the well-being of communities.</b></li> <li>Research opportunities: Explore the interplay between foodscapes &amp; well-being outcomes with economic &amp; ecological dimensions of food systems.</li> </ol>
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## What is a **foodscape**?

A socioecological system where food is acquired and consumed, and foodways and food activities occur



## Connecting foodscapes to social well-being & agency

<b>Well-being</b>	Where basic needs are met, one can act meaningfully to <i>pursue one's values, goals, and aspirations</i> , and one enjoys a satisfactory quality of life.
<b>Personal agency</b>	The capacity of individuals to act independently and to make free choices according to values
<b>Social agency</b>	the ability to collectively act and make wider systemic change

