Instructions to hear the session being interpreted into a different language:

- When you first join the Zoom session, you must **join the meeting audio through your computer or phone audio**. You cannot listen to language interpretation if you use the **dial-in** or **call me** phone audio features.

- **If you are joining on a computer**, you should see a notification that says “**Interpretation is available**” over an “**Interpretation**” icon that looks like a globe: 🌍. Click on the interpretation icon (not the message bubble) to select your preferred language:

![Interpretation icon on computer](image)

- **If you are joining on a smart phone**, you may find the “**Language Interpretation**” option under “**More**” at the bottom right-hand side over some dots:

![Language Interpretation icon on phone](image)

- Once the simultaneous interpretation is turned **ON** by the meeting host, they will give everyone a moment to select the appropriate language options. You will be encouraged to use the “**Raise your hand**” button on Zoom if you have trouble hearing, and the ANH Academy team will support you.

- If you no longer want to hear the interpretation, click on the “**Interpretation**” icon and select **OFF**

**Important things to note:**

- You will hear the interpreter at about 80% volume, and you will also hear the main presenter speaking English in the background at about 20% volume. If you prefer to **ONLY hear the interpreter**, click on the “**Interpretation**” icon and click “**Mute original audio**”.

• If you would like to speak in the session, you can use the “Raise your hand” button and then the session host will let you unmute yourself as normal so you can speak.

 If you leave the meeting and return, or if you plug in headphones, check that your interpretation settings are correct to continue with the interpretation channel.