

# **ANH2023**

8<sup>th</sup> Annual Agriculture, Nutrition and Health (ANH) Academy Week



19-30 JUNE 2023 ONLINE AND MALAWI





























# ABOUT THE ANH ACADEMY

The Agriculture, Nutrition and Health (ANH) Academy brings together researchers, practitioners and policymakers working towards better nutrition and health through improved agriculture and food systems.

With over 9000 members in over 140 countries, the ANH Academy is a global network and platform which aims to facilitate the learning and sharing of research, evidence, and capacity; to lower barriers to participation in science and policy; and to foster equitable and interdisciplinary partnerships in research and practice.

#### What we do:

- Annual ANH Academy Week, where Academy members meet for learning labs and an interdisciplinary research conference
- Working groups to accelerate research by sharing experience and synthesising disparate research methods and metrics
- Skills-based trainings via face-to-face gatherings and webinars
- Support Centre for Agriculture and Nutrition Research (SCANR)
- Online collaborative platform for learning and sharing
- Curriculum enrichment resources and support for educators in higher education



# ANH2023 IN SUMMARY

The Agriculture, Nutrition and Health Academy Week is a series of annual events that brings together the global community of researchers, practitioners and policymakers working at the intersection of agriculture, food systems, nutrition and health. The event is designed to lower barriers to participation through rotating between African and Asian countries each year. From 2016-2019 ANH Academy Weeks took place in Ethiopia, Nepal, Ghana, and India, respectively. From 2020-2022, during the peak of the COVID-19 pandemic, the events took place primarily online, co-hosting in partnership with Pakistan and South Africa. Moving the event online significantly expanded participation in the event while diminishing aviation emissions

of in person participants. To learn more about this transition - and what it means for the future of conferencing – read the official viewpoint in Lancet Planetary Health.

ANH Academy Week 2023 (ANH2023) took place from 19 to 30 June 2023, in hybrid format both online and in Lilongwe, Malawi, at the Bingu Wa International Convention Centre (BICC).



This year, we offered French translations for plenaries and thematic sessions. By breaking the language barrier, ANH2023 was more accessible for francophone participants.

## **ORGANISING PARTNERS**

ANH2023 would not have been possible without the generous time and effort contributed by a range of cohosting partner organisations and individuals for whose support we are enormously grateful.

#### Malawian organisation partners:







## Global/continental partners:





## **Funders and sponsors**

ANH2023 was primarily funded by Innovative Methods and Metrics for Agriculture and Nutrition Actions (IMMANA) programme, which is co-funded by UK Foreign Commonwealth and Development Office (FCDO) and the Bill & Melinda Gates Foundation.

Additional contributions came from a range of organisations who supported travel bursaries for participants from low-income settings, as well as organising special side events:







University of | Institute for | Sheffield | Sustainable Food



## **GOING HYBRID**

Live streaming was trialled at the Academy Week for the first time at ANH2018 in Ghana and subsequently at ANH2019 in India. The first real attempt to bring audiences together into a simultaneous hybrid experience was trialled with a small number of live sessions - comprising speakers and audiences both in person and online - hosted from South Africa and the United Kingdom during ANH2022.

For ANH2023, building on these nascent experiences, the entire Research Conference was planned in synchronous hybrid format, allowing attendees to choose from a range of different ways to participate in-person in Malawi, online, or by joining a regional Watch Party (gatherings organised by specific institutions to allow remote attendees to participate in the conference

Beamed live from Malawi, this new format marked a new era for ANH Academy Weeks, fostering truly global interaction between attendees in the venue and at home, in different contexts and time zones around the world.

# ANH2023 IN NUMBERS



# **Research conference**



6 plenary 2 fi



2 keynote speeches



48 oral presentations



77 poster 23 presentations ev



23 side events

25 Learning Labs (12 online, 1 hybrid plenary, 12 face-to-face)



**48+ hours** of learning



**643** online participants



67 facilitators

# 1642 registrants

1484 A LANGE Unique participants (LLs and RC)

# % regional distribution

Sub-Saharan Africa

Europe & Central Asia

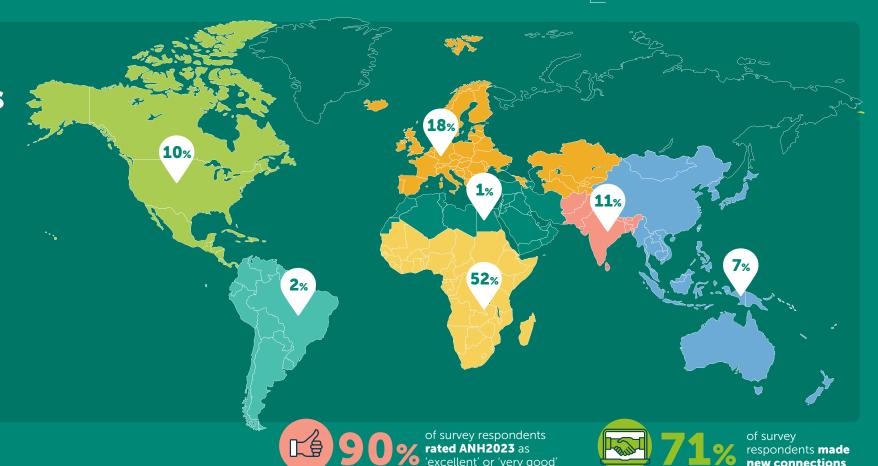
South Asia

North America

East Asia & Pacific

Latin America & Caribbean

Middle East & North Africa



# **LEARNING**LABS

The ANH2023 Learning Lab programme brought together 25 Learning Labs; 12 online, one plenary in hybrid format and 12 face-to-face in Lilongwe. The workshops were designed and delivered by experts from all over the world offering a wide range of interactive learning opportunities. They covered soft skills, and the application of specific tools, methods and resources.

Click on the links to learn more about each session, watch the recordings and explore the resources.



### PLENARY LEARNING LAB: POLITICAL ECONOMY OF AGRI-NUTRITION

To open the full day of Learning Labs in Malawi, the ANH Academy Political Economy of Agri-Nutrition Working Group delivered a <a href="https://www.nys.gov/hys.com/hy



## **ONLINE LEARNING LABS**

- SCANR: Resources and guidance for analysis of secondary data in agriculture, food systems, nutrition, and health
- The Food Systems Dashboard: New Tools for Decision Making
- Where are caregivers' needs in the agriculture to nutrition pathway? Measuring the resources they need to provide optimal care and feeding
- Cash programming to prevent acute malnutrition in emergencies: evidence and emerging practices to support optimal design
- Using Food Prices for Nutrition
- Innovative Methods & Metrics for Climate
  Change and ANH How can we overcome the data deficit?

- Demystifying Social and Behavior Change:
   The Key to Improving the Quality of SBC
   Programming through Evaluations
- Introduction to the project-level Women's
  Empowerment in Agriculture Index for Market
  Inclusion (pro-WEAI+MI)
- Weighing up the evidence: comparing and converging indicators of the Integrated Food
   Security Phase Classification (IPC)
- Collecting and Analyzing Dietary Data Using a
   5-minute Survey Module (DQQ) Adapted for
   >100 Countries
- Writing for a research audience: tips for greater success
- DNDC Modeling: Effects of Climate Smart
   Agriculture Interventions on Greenhouse Gas
   Emissions

### IN PERSON, MALAWI-BASED LEARNING LABS

- Reducing food loss and waste in nutrient-dense value chains
- The "Cheat Sheet" for Tracking Consumer
  Behaviors in Nutrition and Agriculture
- Introduction, guidance and application of a common approach to measure the costs and benefits for an agriculture, nutrition and health program, project, or intervention
- Food environment methods, tools, and metrics to support healthy diets in low- and middle-income countries
- Strengthening causal inference from randomized controlled trials of complex interventions
- Metrics for school-aged child growth and development – Perils and pitfalls of anthropometry

- Using the new women's empowerment metric for water, sanitation, and hygiene (WE WASH)
- Exploring micronutrient deficiencies using the open-access, web-based Micronutrient Action Policy Support (MAPS) Tool
- ICTs for assessing women's time use, dietary and hand washing practices
- Agri-food: a diet modelling software to identify trade-offs and support multi-stakeholder decision-making on how to strengthen local food systems to improve nutrition
- Calculating the Cost and Affordability of a Healthy Diet in Malawi
- The Global Diet Quality Score Application (GDQS App)







# RESEARCH CONFERENCE

The Research Conference of ANH2023 featured an exciting mix of abstract-driven oral presentations, poster sessions and keynote speeches, as well as special plenary discussions and side events led by the ANH global community.

A panel of honourable guests formally opened the Research Conference: Prof. Emmanuel Kaunda, Vice Chancellor, LUANAR; Ms Fiona Ritchie, British High Commissioner to Malawi; Dr. Queen Dube, Chief of Health Services for Malawi's Ministry of Health; and Hon. Khumbize Kandodo Chiponda, Minister of Health, Malawi



# **KEYNOTE SPEAKERS**



## **KUMI NAIDOO**

ANH2023 keynote speaker Kumi Naidoo gave an exhilarating and inspiring speech based on his experience as a lifelong

activist. To engage the audience around the idea of a 'communications deficit' he asked: To what extent is evidence alone sufficient for creating policy change? From here, Kumi took participants on a powerful and poignant journey of his life at the forefront of social and political change, culminating in a plea for researchers and practitioners to centre storytelling and narratives in their work to touch people's hearts. In doing so, both Kumi and the audience reflected on cogent questions about how to use evidence, facts and logic in a participatory way that considers positionality; and how artistic approaches can be used to leverage the many forms of power we hold in order to disrupt the status quo in the time of climate crisis.



### **ANITA CHITAYA**

To cap off a remarkable two weeks of learning, sharing and connecting, the final plenary of ANH2023 brought participants back to the ground level through a keynote

speech by Malawian farmer and community leader Anita Chitaya of the *Soils, Foods and Healthy Communities* (SFHC) farmer-led research programme. Accompanied by her translator, Edward Singini, Anita captured the complexities of being a woman farmer in the context of patriarchy and the ever-increasing impacts of climate change. She drew on her experiences in fostering meaningful progress on nutrition, environment, and women's empowerment in her community, reflecting about her starring role in the award-winning film, "The Ants and the Grasshopper", that depicts her journey to travel to the White House, to persuade Americans that climate change is real.

Touching on critical ANH2023 themes such as agroecological transitions, and planetary health, Anita's speech was a profound call to action on the audience to promote and push for the local and global actions needed to navigate the harsh realities of a changing climate, especially for those who are most likely to suffer from its acute effects.

# **PLENARIES**



# INTERSECTING INEQUITIES IN AGRICULTURE, NUTRITION AND HEALTH

Chaired by Dee Woods, Landworkers' Alliance, a special session on intersectionality brought together a multidisciplinary panel of speakers that set the stage for progressing the agenda on equity in food systems. The panel discussed intersectionality as a framework which moves beyond binary conceptualization of categories such as gender, race/ethnicity, and class towards the intersection of multiple characteristics that place individuals within complex systems of interlocking privilege and oppression, that ultimately shape health outcomes.







## AGROECOLOGY, NUTRITION AND PLANETARY HEALTH

Chaired by Frank Tchuwa of LUANAR, this lively session explored the potential for agroecology to sustainably address food system challenges of today and tomorrow. Discussions revolved around what forms of evidence and knowledge link agroecological approaches to human and planetary health; what knowledge has been lacking or undervalued; how agroecology relates to other emerging alternative food system ideas; and the roles of different groups in the generation and use of evidence.

Agroecology poses a real threat to the very powerful commercial interests... and on the retail side it poses a threat because agroecology promotes small to mid-sized businesses.

- RACHEL BEZNER-KERR, PROFESSOR OF GLOBAL DEVELOPMENT, CORNELL UNIVERSITY





# SCALING POST-FARMGATE INNOVATIONS

Chaired by Patrick Webb, Tufts University, this session discussed innovation within the post-farmgate space, presenting research examining the potential for scaling up of innovations across the value chain with a focus on nutrient dense foods, and linking quantity to quality in the context of food loss and waste. Speakers discussed barriers for innovation diffusion and opportunities for ensuring inclusive food system via MSME (micro, small, and medium enterprises) innovations in the midstream of Africa's supply chain.

Transforming agriculture food system toward a sustainable and resilient food system requires policy action that takes into account the producers, the consumers, and everything and everyone in between.

- AHMED KABLAN, INTERNATIONAL NUTRITION AND PUBLIC HEALTH ADVISOR, USAID



## **ANTICIPATORY ACTION**

Chaired by Thalia Sparling, London School of Hygiene and Tropical Medicine, this session – taking place in the same year that Malawi suffered another devastating cyclone – critically explored the concept of anticipatory action; described as specific actions taken ahead of a disaster to prevent its impacts. The panel considered different methods, as well as the range of existent resources to protect vulnerable communities. The discussion included practicalities that determine the timely implementation of the actions – such as data systems and protocols for decision-making – as well as how to assess whether an anticipatory action has had the desired effect after the event.



We have to build strong evidence for countries and for regions to start taking this change of action... changing behaviour from reactive to proactive. To do that you need a strong body of evidence.

– GUYO ROBA, DIRECTOR, JAMEEL OBSERVATORY, INTERNATIONAL LIVESTOCK RESEARCH INSTITUTE (ILRI)



## TRADE, FINANCE AND THE RIGHT TO FOOD

Chaired by global food systems journalist, Thin Lei Win, this timely session brought together diverse speakers working on trade, human rights, public health and farming to unpack malnutrition, population health and food sovereignty in the context of the global political economy of global trade rules and flows. The panellists explored questions such as how global governance of trade impact people's realisation of their right to food, the history of the WTO's Agreement on Agriculture, the potential of territorial markets to alleviate the global food crisis, and the role of subsidies and government support mechanisms that may shield populations.



In Kenya we have laws criminalizing the sharing of seeds and so people have to rely on seeds provided by multinationals... [making] food resilience a problem... multinationals trying to dominate the food system is an issue.

– ELIZABETH KIMANI, SENIOR RESEARCH SCIENTIST & LEAD, NUTRITION AND FOOD SYSTEMS UNIT, AFRICAN POPULATION AND HEALTH RESEARCH CENTER (APHRC)

# FIRESIDE CHATS

There were two back-to-back fireside chats at ANH2023. The first began with the Malawian context, where two leading scientists from LUANAR, reflected on emerging research priorities for food systems nutrition, health and climate change in the country. It focused on the types of collaborations that could generate evidence for effective policy.

The second session, led by CGIAR, emphasized their research and innovation in agriculture, from breeding to policy modelling, to impact evaluations. Speakers discussed CGIAR's role in addressing agriculture and food security challenges, given the organizational reform it faces.



# THEMATIC SESSIONS

Forming the backbone of the ANH Academy Week are the thematic abstract-driven thematic sessions, where high quality research is presented by the global scientific community. For 2023, these were programmed into **eight parallel thematic sessions** that showcased the latest evidence and lessons learnt to stimulate discussion, debate and onward collaborations:



Food system governance and political economy



<u>Food system</u> <u>programmes: Impacts,</u> processes and economics



Nutrition in crises
and protracted
humanitarian contexts



Food system programmes:

Impacts, processes and
economics



Equity in agriculture, food systems, nutrition and health



Innovative methods, tools, and metrics



Behavioural research related to diets, nutrition and health



Environment, climate change and food systems



# **POSTERS**

An ANH community favourite: The one minute poster sessions returned with a series of fast-paced research presentations. With some presenters online and others in Malawi, the blend between online and face-to-face was seamless and exciting.

Congratulations to the winners of the audience-driven poster prizes:



1st place:
ANTENEH OMER ALI
School of Nutrition, Food Science
and Technology, Hawassa
University

Poster title: Effects Of Nutrition-Sensitive
Child-Owned Poultry Intervention On
Egg Intake, Anthropometry, Gross Motor
Development, Anemia And Morbidity Status
Among Young Children In Southern Ethiopia:
A Cluster-Randomized Community Trial



2nd place: LIZZIE SAKA University of Greenwich

Poster title: A Food Systems Approach To
Understanding And Supporting The Contributions Of
Small Pelagic Fish To Human Diets In Salima, Malawi



3rd place:

MARCO HAENSSGEN

Department of Social Science and

Development, Chiang Mai University

Mean Better Food Security? Insights From The Lived Experiences Of Communities In Thailand And Lao

After four full interactive days with multiple sessions, the conference was concluded with the announcement of the poster winners and closed with final remarks by Deputy Vice Chancellor at LUANAR, Agnes Mwangwela.

# **SIDE** EVENTS

ANH Academy places high value on making new connections, collaborations, and friendships, while learning about different areas of work in the ANH community. ANH2023 hosted a range of in-person and online side events designed to get people talking!





#### THIS YEAR'S SIDE EVENTS INCLUDED:

- New resources for nutrition analysis using
  Household Consumption and Expenditure Survey
  data (Online)
- Multi-Sectoral Approaches Towards Food Systems Strengthening (Online)
- IPC Open Discussion
- A beginner's guide to developing an Evidence and Gap Map
- Interdisciplinary teaching and learning for multisectoral action on malnutrition
- ANH Academy Food Environment Working Group Consultation: Revisiting the ANH-FEWG Food Environment Framework
- Unpacking the determinants of anaemia and adjusting for inflammation (Online)
- Responsive evidence synthesis for agriculture, nutrition, and health policy decisions
- Joining the dots towards action on healthy, sustainable and equitable food systems

- INDDEX24 Dietary Assessment Platform:
   Technology to Improve the Collection and Use of Quantitative Dietary Data
- Exploring the Potential Benefits of Repurposing Subsidies and Other Forms of Public Support to Agriculture in Africa
- Improving fruit and vegetable intake through bundled food system interventions in urban Vietnam and Nigeria
- Child malnutrition & Adult NCD: Generating Evidence on mechanistic links to inform future policy/practice
- Nova-UPF Screener: A new tool to monitor and benchmark population diet quality
- The Global Diet Quality Score (GDQS) Meal and Menu Metrics
- The Role Of Policy in Reducing Malnutrition in sub-Saharan Africa
- Malawi post the 2021 UNFSS: Food politics, governance and accountability of food systems actors

- Re-imagining Insect Cuisine and Curriculum
  Development with Chefs
- The new FAO Food Systems-Based Dietary
   Guidelines (FSBDGs) Methodology: Principles,
   Approach, Country Experiences And Future
   Directions
- Going Deeper With Data And Methods To Improve
   Understanding Of Food And Nutrition Security
   Linkages
- Contribution of terrestrial animal source food to healthy diets for improved nutrition and health outcomes "an overview of the evidence and gaps with implications for research
- Local food, Health and Nutrition
- What Is Food Systems Research? An Example Of Fruits And Vegetables For Healthy Diets In Benin
- Nutritious food systems call to research and policy action consultation

# **WATCH**PARTIES

As part of our efforts to make the hybrid event as participatory and equitable as possible, and to facilitate opportunities for interaction, academic institutions around the world were encouraged to host regional watch parties. With financial and technical support from the ANH Academy, hosts from five regions organised live inperson events that enhanced the conference experience of those not in Malawi.







LILONGWE UNIVERSITY OF AGRICULTURE AND NATURAL RESOURCES LILONGWE, MALAWI



CATHOLIC RELIEF SERVICES
VIENTIANE, LAOS









5 watch parties



**5** countries



240 attendants





# THE KENYA NUTRITIONISTS AND DIETICIANS INSTITUTE

Nairobi, Kenya

The Kenya Nutritionists and Dieticians Institute hosted a Watch Party at their office in the Mavoko, Sabak. The Watch Party was attended by 60 participants from across ten universities and three major hospitals in Kenya, including the Kenyatta National Hospital, Mathair National Teaching & Referral Hospital, and Mama Lucy Kibaki Hospital. Participants reported that the conference was informative and interactive, with learning sessions that enriched their understanding about nutrition and modern food systems.



## LILONGWE UNIVERSITY OF AGRICULTURE AND NATURAL RESOURCES (LUANAR)

Lilongwe, Malawi

The LUANAR Watch Party, held at the Bunda campus gathered a total of 95 participants who actively engaged in the research conference sessions. The event provided a valuable platform for knowledge sharing and networking among students and educators from various courses and disciplines. Watch Party attendees had the opportunity to enhance their understanding of

key issues and challenges; innovative ideas and best practices in the agriculture, nutrition, and health sector - contributing to the advancement of research and development in these crucial fields.



Agropolis International hosted a Watch Party from June 27 to 30 in Montpellier, France. The Watch Party team were highly organized, providing separate rooms for parallel abstract-driven sessions. There were approximately 10 attendees, including researchers and students from Agropolis' member research organizations (IRD, Cirad, Inrae, University of Montpellier). The Watch Party allowed participants to remain more focused on the conference while enjoying informal and convivial exchanges, providing a unique and fulfilling experience.

# CATHOLIC RELIEF SERVICES Vientiane, Laos

The research conference was transmitted in Southeast Asia as the Catholic Relief Services had an enjoyable time hosting a Watch Party in Laos. The associated themes of the sessions joined included: Equity in Agriculture, Food Systems, Nutrition, and Health. Participants gave some excellent feedback that described both the scale and complexity of the hybrid event. The CRS branch observed a break and prepared a dinner box for its participants, creating an environment where people could sit comfortably, listen actively, and ask questions during the Q&A sessions.



On Day 3 of the research conference, MSSRF hosted a Watch Party in Chennai, India. A session that garnered significant interest was the side event titled "Joining the dots towards action on healthy, sustainable, and equitable food systems", in which Sangeetha Rajesh, MSSRF Director of Communications, was a speaker. Additionally, the Watch Party participants attended the thematic oral session focused on food system programs, impacts, processes, and economics. The Watch Party had the participation of 55 individuals who had a wonderful time learning and networking.



# **THANK YOU**

The ANH Academy Week would not be possible without the support, guidance, and input of many people around the world, for whom we express our sincere gratitude!

## **SCIENTIFIC COMMITTEE**

**Jeff Waage**, London School of Hygiene & Tropical Medicine (LSHTM) (Chair)

Tinna Manani, Lilongwe University of Agriculture & Natural Resources (LUANAR) (co-chair)

#### **Members**

Alexandar Kalimbra, LUANAR

Amaka Nnaji, Innovations for Poverty Action (IPA)

Amos Laar, University of Ghana & African Nutrition Society

**Andrew Jones**, University of Michigan

Anna Herforth, Ag2Nut and Harvard School of Public Health

Bharati Kulkarni, National Institute of Nutrition (NIN)

Bhavani Shankar, Sheffield University

**Brenda Akwanyi**, Emergency Nutrition Network (ENN)

Chantell Witten, University of Cape Town

Chris Bene, Wageningen University (WU)/ International

Centre for Tropical Agriculture (CIAT)

Christopher Turner, Natural Resources Institute (NRI),

University of Greenwich Claire Dooley, LSHTM

Claudia Ringler, CGIAR Water

Elizabeth Kimani-Murage, African Population and Health

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Giacomo Zanello, University of Reading

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**Inge Brouwer**, WU & Research

Jody Harris, Institute of Development Studies (IDS) and

World Vegetable Center

Joe Yates, LSHTM

**Joyce Kinabo**, Sokoine University of Agriculture

Kenneth Maleta, Kamuzu University of Health Sciences

(KUHeS)

Lindsay Jaacks, University of Edinburgh

**Linley Chiwona Karitun**, Swedish University of Agricultural Sciences

Mangani Katundu, University of Malawi (UNIMA)

Manrianella Herrera-Cuenca, Central University of

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Molly Muleya, University of Nottingham

**Patrick Webb**, Tufts University **Philip Baker**, Deakin University

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Scott Drimie, Southern Africa Food Lab, Stellenbosch

Shibani Ghosh, Tufts University

**Stella Nordhagen**, Global Alliance for Improved Nutrition (GAIN)

**Stineike Oenema**, Food and Agriculture Organization (FAO)

Suneetha Kadiyala, LSHTM

**Taddese Alemu Zerfu**, Global Academy of Agriculture, University of Edinburgh

**Tesfaye Hailu Bekele**, Ethiopian Public Health Institute (EPHI)

**Thalia Sparling**, LSHTM **Umi Fahmida**, NIN, Indonesia **Will Masters**, Tufts University

Willard Navicha, Malawi University of Science and Technology

#### **ORGANISING COMMITTEE**

Babatunde Makanjuola, LSHTM (Chair)

#### **Members**

Alex Knueppel, Tufts University Alexandra Potts, LSHTM Ana Sousa, LSHTM Bessie Marjorie Milanzi, LUANAR Bram Fudzulani

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Silver Nanema, MEALS4NCDs project, University of Ghana

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Zachary Gersten, University of Michigan

Zip Walto, LSHTM

# Monitoring and Evaluation, Research and Surveillance Technical Working Group, Malawi

Aaron Chikakuda, LUANAR Alexander Kalimbira, LUANAR Chrissie Thakwalakwa, UNIMA Dellings Phiri, Harvest Plus John Phuka, KUHeS

Joseph Gausi, Civil Society Organisation Nutrition Alliance

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Ken Maleta, KUHeS

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**Venon Chamba**, Malawi University of Business and Applied

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## **LUANAR VOLUNTEERS**

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